

2025
PSYCHOLOGY

Full marks: 80

Time : 3 hours

General instructions:

- i. Approximately 15 minutes is allotted to read the question paper and revise the answers.
- ii. The question paper consists of 28 questions.
- iii. Marks are indicated against each question.
- iv. Answers to questions carrying 1 mark should not exceed one sentence.
- v. Answers to questions carrying 2 marks should not exceed 50 words.
- vi. Answers to questions carrying 4 marks should not exceed 100 words.
- vii. Answers to questions carrying 6 marks should not exceed 200 words.
- viii. Answers to questions carrying 8 marks should not exceed 300 words.

N.B: Check that all pages of the question paper are complete as indicated on the top left side.

(The figures in the margin indicate full marks to the questions)

Choose the correct answer from the given alternatives in questions 1 to 10.

1. Group test of General Mental Ability was developed by. 1
 (a) Prayag Mehta (b) S. Jalota.
 (c) Uday Shankar (d) Pramila Pathak
2. Asen has the skill of understanding the motives, feelings and behaviour of other people, she is said to have. 1
 (a) Spatial Intelligence (b) Intrapersonal Intelligence
 (c) Interpersonal Intelligence (d) Naturalistic Intelligence
3. According to Charak Samhita, personality can be classified on the basis of three humoural elements called. 1
 (a) Rajas Guna (b) Tamas Guna
 (c) Tridosha (d) Prakriti
4. Kaito believes in being able to effectively complete assigned class assignments and achieve goals. Kaito exhibits 1
 (a) Self-efficacy (b) Self-concept
 (c) Self-esteem (d) Self-control
5. Who proposed the Logotherapy? 1
 (a) Victor Frankl (b) Carl Rogers
 (c) Freiderick (d) Aron Beck
6. An unexpected travel away from home, the assumption of a new identity and the inability to recall the previous identity represents 1
 (a) Dissociative identity disorder (b) Depersonalisation disorder
 (c) Dissociative fugue (d) Dissociative amnesia
7. In children, aggressive behaviour like dominating and bullying others without provocation is seen in: 1
 (a) Verbal aggression (b) Physical aggressions
 (c) Hostile aggression (d) Proactive aggression

8. Unwanted behaviour can be reduced and wanted behaviour can be increased simultaneously through 1
(a) Aversive conditioning (b) Differential reinforcement
(c) Negative reinforcement (d) positive reinforcement
9. Sede is usually targeted whenever any theft occurs within the class. The phenomenon behind this is: 1
(a) Scapegoating (b) Learning
(c) Stereotype (d) Discrimination
10. Savali behaviour always improves in the presence of others is known as: 1
(a) Imitation. (b) Social inhibition.
(c) Social facilitation (d) Interaction
11. List any two characteristics of personalities. 1+1=2
12. Explain Social Identity. 2
13. Give any two features of General Adaption Syndrome (GAS) 1+1=2
14. Aso always fears whenever she enter in some new or unfamiliar situation. Identify the disorder. Briefly explain. 1+1=2
15. What is Token economy? 2
16. Briefly elaborate the concept of dysfunctional cognitive structures. 2
17. What is meant by the term Self-fulfilling prophecy? 2
18. Explain any two features of attitudes. 1+1=2
19. Our intelligence is the result of heredity (nature) and environment (nurture)Discuss. 4
20. Read the following passage carefully and answer the questions given below:
Stress is a common experience that effects everyone at some point in their lives. While stress is often perceived negatively, it can also serve as a motivator, pushing individuals to overcome obstacles and achieve their goals.
One of the key strategies for managing stress is developing resilience, resilience is the ability to bounce back from difficult situations and adapt to change. Another important aspect of managing stress is time management effective time management allows individuals to prioritize task, set realistic goals and avoid procrastination. It can help to reduce the feeling of being overwhelmed and increase their productivity. In conclusion while stress is an inevitable part of life it can be managed effectively through resilience and time management. 2+2=4
(a) What is Resilience?
(b) How can effective time management help in reducing stress?
21. What are the characteristics of Psychotherapeutic approaches? 4
22. Explain the factors that influence attitude formation. 1×4=4

23. Why is it important to be a member of a group? Write any two points on how you can influence the society positively. **2+2=4**

24. a. "Intelligence is not a single entity rather distinct type of intelligence exist" Explain with reference to Howard Gardner theory of intelligence **6**

Or

b. Freud believed that people avoid anxiety mainly by developing defense mechanisms. Explain any three kinds of defense mechanisms **(3×2=6)**

25. a. Explain any three aspects of stress on psychological functioning. **3×2=6**

Or

b. Which therapy encourages the client to seek personal growth and actualize their potential? Explain any two therapies on these principles. **(3+3=6)**

26. a. What is social Loafing? Explain why it occurs. **2+4=6**

Or

b. Explain any three sources of prejudice. **(3×2=6)**

27. a. Discuss how Alferd Binet assessment of intelligence relate to William Stern's intelligence quotient **8**

Or

b. Discuss any four approaches to behavioral analysis in assessment of personality. **(4×2=8)**

28. a. Stress is a silent killer and is on the increase. Suggest any four techniques that you think will be helpful to manage stress. **4×2=8**

Or

b. While speaking in public, the patient changes topics frequently, is this a positive or negative symptom of Schizophrenia? Describe the other symptoms or sub -types of Schizophrenia. **(4+4=8)**
