

**2 0 1 9**

**PSYCHOLOGY**

**( Theory )**

*Full Marks : 70*

*Time : 3 hours*

*The figures in the margin indicate full marks for the questions*

*General Instructions :*

- (i) Write all the answers in the Answer Script.
- (ii) Attempt Part—A (Objective Questions) serially.
- (iii) Attempt all parts of a question together at one place.

( PART : A—OBJECTIVE )

( Marks : 22 )

SECTION—I

( Marks : 10 )

- 1.** Choose and write the most appropriate answer from the choices provided : 1×5=5

(a) The concept of emotional intelligence was first introduced by

- (i) William Stern
- (ii) Salovey and Mayer
- (iii) Robert Sternberg

( 2 )

(b) According to Sigmund Freud, the \_\_\_\_\_ is a reservoir of instinctual or animal drives.

(i) conscious

(ii) preconscious

(iii) unconscious

(c) A psychological model which focuses on broader aspects of human existence is

(i) psychodynamic model

(ii) behavioural model

(iii) humanistic-existential model

(d) According to Edward Hall, \_\_\_\_\_ distance is maintained when an individual interacts with a very close friend or relative.

(i) up to 18 inches

(ii) 18 inches to 4 feet

(iii) 4 feet to 10 feet

( 3 )

(e) A branch of psychology that studies how people of all ages learn is

(i) sports psychology

(ii) organizational psychology

(iii) educational psychology

2. Fill in the blanks :

1×5=5

(a) \_\_\_\_\_ are symbols of the unfulfilled desires present in the unconscious.

(b) \_\_\_\_\_ is a term that is used to describe the level of stress that is good for you.

(c) \_\_\_\_\_ is a state of mind, thoughts or ideas regarding a topic; containing a cognitive, affective and behavioural component.

(d) \_\_\_\_\_ is the most direct form of social influence.

(e) \_\_\_\_\_ psychologists apply psychological principles to improve sports performance.

( 4 )

SECTION—II

( Marks : 12 )

**3.** Answer the following questions in less than 30 words  
each : 2×6=12

- (a) What is Musical Intelligence?
- (b) Name any four projective techniques used in the assessment of personality.
- (c) What is Post-Traumatic Stress Disorder?
- (d) What is Psychotherapy?
- (e) What are some of the benefits of cooperation?
- (f) What is personal space?

( 5 )

( PART : B—DESCRIPTIVE )

( Marks : 48 )

4. Write short notes on the following (up to 60 words each) : 3×4=12

(a) Type-A and Type-B Personalities

(b) Symptoms of panic disorder

(c) Social Loafing

*Or*

Components of attitude

(d) Pro-environmental Behaviour

*Or*

Frustration-Aggression Theory

5. Answer the following questions in less than 100 words each : 4×6=24

(a) Describe briefly any four of the big five factors of personality as given by Paul Costa and Robert McCrae.

*Or*

Describe briefly the first four stages of personality development as given by Sigmund Freud.

( 6 )

- (b) Describe the characteristics of hyperactive children.

*Or*

List some of the symptoms that are associated with suicidal tendencies.

- (c) Distinguish between client-centred therapy and biomedical therapy.

*Or*

What are the factors that contribute to healing in psychotherapy?

- (d) Explain any two sources of prejudice.

*Or*

Explain the concept of Actor-Observer effect.

- (e) Explain any four reasons why people join groups.

*Or*

Explain any two techniques that have been found to work when someone wants another person to comply.

- (f) Briefly explain the importance of psychology in the area of mass communication and education.

*Or*

Briefly explain the works of organizational psychologists and educational psychologists.

( 7 )

6. Answer the following questions in less than 200 words each : 6×2=12

(a) What is intelligence quotient? Briefly explain how psychologists classify people on the basis of their IQ score. 2+4=6

*Or*

What is contextual intelligence? Briefly explain the four facets of intelligence in the Indian tradition. 6

(b) Briefly explain how life events, daily hassles and traumatic events can generate stress. 6

*Or*

Describe in brief how positive thinking, positive attitude and social support facilitate the development of positive health and well-being.

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