

ICSE SEMESTER 2 EXAMINATION
SPECIMEN QUESTION PAPER
PHYSICAL EDUCATION

Maximum Marks: 50

Time allowed: One and a half hours

Answers to this Paper must be written on the paper provided separately.

You will not be allowed to write during the first 10 minutes.

This time is to be spent in reading the question paper.

The time given at the head of this Paper is the time allowed for writing the answers.

*Answer questions from **any two games** you have studied.*

*Each game is divided into **two** Sections, **SECTION A** and **SECTION B**.*

*Attempt **all** questions from **SECTION A** and **any two questions** from **SECTION B** of the **two** games that you have studied.*

The intended marks for questions or parts of questions are given in brackets [].

CRICKET

SECTION A

*(Attempt **all** questions.)*

Question 1

Choose the correct answers to the questions from the given options. (Do not copy the question, Write the correct answer only.)

[5]

(i) Where did the game of cricket originate?

- (a) India.
- (b) Australia.
- (c) West Indies.
- (d) England.

- (ii) What is the full form of ICC?
- (a) International Conference on Communications.
 - (b) International Commerce Centre.
 - (c) International Cricket Council.
 - (d) Indian Cricket Control.
- (iii) The term used when a batsman is dismissed without scoring any run:
- (a) Duck.
 - (b) Over.
 - (c) Bye.
 - (d) Leg bye.
- (iv) What is the total width of the pitched stumps?
- (a) 9 inches. (22.8 cm)
 - (b) 28 inches. (71.1 cm)
 - (c) 38 inches. (96.5 cm).
 - (d) 22 yards. (20.12 m).
- (v) What is the distance between a bowling crease and a popping crease?
- (a) 10 feet. (3.04 m)
 - (b) 4 feet. (1.22 m)
 - (c) 22 yards. (20.12 m)
 - (d) 12 ft (3.66 m)

SECTION B

*(Attempt **any two** questions from this Section.)*

Question 2

- (i) What is bump ball in cricket? [2]
- (ii) Define the term Stumped. [2]
- (iii) Name any three national tournaments in cricket. [3]
- (iv) What is the importance of the '30-yard circle' in a cricket match? [3]

Question 3

- (i) Explain the term Timed out in cricket. [2]
- (ii) What do you mean by a Tie match in cricket? [2]
- (iii) State any three duties of Main Umpire in cricket. [3]
- (iv) Write down any three fielding positions on Leg side in cricket. [3]

Question 4

- (i) State any two variations of spin bowling. [2]
- (ii) Explain the term Stance in cricket. [2]
- (iii) What is a Declaration in cricket? [3]
- (iv) State any three ways by which runs are scored in cricket. [3]

FOOTBALL

SECTION A

*(Attempt **all** questions.)*

Question 5

Choose the correct answers to the questions from the given options. (Do not copy the question, Write the correct answer only.) [5]

- (i) What is the number of playing members on the field in a football match?
 - (a) 15.
 - (b) 7.
 - (c) 11.
 - (d) 12.
- (ii) Which size ball is used in an international football match?
 - (a) 2.
 - (b) 1.
 - (c) 3.
 - (d) 5.

- (iii) The field of play is divided into two halves by:
- (a) Sideline.
 - (b) Half way line.
 - (c) Endline.
 - (d) Touch line.
- (iv) How much time is allotted for interval during a football match?
- (a) 15 minutes.
 - (b) 30 minutes.
 - (c) 45 minutes.
 - (d) 90 minutes.
- (v) What is the width and length of the football goal area?
- (a) 16.5 m by 40.32 m
 - (b) 5.5 m by 18.32 m.
 - (c) 5.0 m by 18 m.
 - (d) 16.5 yards by 40.5 yards.

SECTION B

*(Attempt **any two** questions from this Section.)*

Question 6

- (i) Explain the term Heading in football. [2]
- (ii) What is Optional Mark in football? [2]
- (iii) Write any three duties of captain in football. [3]
- (iv) What is the procedure of resuming the game from a direct free kick? [3]

Question 7

- (i) Explain the term wall pass in football. [2]
- (ii) What is sudden death in football? [2]
- (iii) Give any three instances when kick-off is initiated. [3]
- (iv) Mention any three fundamental skills of playing football. [3]

Question 8

- (i) Explain the term Lob Pass in football? [2]
- (ii) What is Zonal marking in football? [2]
- (iii) State any three duties of a Referee during the football match. [3]
- (iv) Name any three compulsory equipment of a football player. [3]

HOCKEY

SECTION A

(Attempt *all* questions.)

Question 9

Choose the correct answers to the questions from the given options. (Do not copy the question, Write the correct answer only.) [5]

- (i) Which among these is the highest governing body of hockey?
 - (a) Federation International de Hockey.
 - (b) International Hockey Association.
 - (c) World Hockey Federation.
 - (d) International Hockey Council.
- (ii) The height of each flag post is:
 - (a) 1.20 m to 1.50 m.
 - (b) 1.25 yards to 1.55 yards.
 - (c) 1.2 cm to 2.2 cm.
 - (d) 2.30 cm to 3.30 cm.
- (iii) Which player is allowed to touch the ball with his feet during a match?
 - (a) Defender.
 - (b) Goalkeeper.
 - (c) Winger.
 - (d) Centre-forward.

- (iv) Duration of each half of a hockey men's game is:
- (a) 30 minutes.
 - (b) 40 minutes.
 - (c) 35 minutes.
 - (d) 50 minutes.
- (v) What is the colour of the ball used in a hockey game?
- (a) Pink.
 - (b) Blue.
 - (c) White.
 - (d) Black.

SECTION B

*(Attempt **any two** questions from this Section.)*

Question 10

- (i) Define the term Dangerous Play in hockey? [2]
- (ii) Explain the term Scoop in hockey. [2]
- (iii) Explain the importance of the Shooting Circle in hockey? [3]
- (iv) Write any three responsibilities of an umpire in hockey. [3]

Question 11

- (i) What do you understand by the term Manufactured foul in hockey? [2]
- (ii) Explain the term Back stick in hockey. [2]
- (iii) Write any three duties of captain in hockey. [3]
- (iv) List any three basic compulsory equipment worn by a hockey player. [3]

Question 12

- (i) Explain the term 16-yard hit in hockey. [2]
- (ii) Explain the term advantage in hockey? [2]
- (iii) State any three qualities of a goalkeeper in hockey? [3]
- (iv) Name any three national tournaments in hockey. [3]

BASKETBALL

SECTION A

*(Attempt **all** questions.)*

Question 13

Choose the correct answers to the questions from the given options. (Do not copy the question, Write the correct answer only.) [5]

- (i) Who invented the game of basketball?
 - (a) Albert Einstein.
 - (b) Charles Darwin.
 - (c) Dr. James Naismith.
 - (d) Ada Lovelace.
- (ii) What are the measurements of the basketball court?
 - (a) 84 by 60 feet. (25 m by 18 m)
 - (b) 92 by 50 feet. (28 m by 15m)
 - (c) 74 by 40 feet. (22 m by 12 m)
 - (d) None of the above.
- (iii) How high from the ground is the ring of the basket?
 - (a) 7 feet. (2.13 m)
 - (b) 8 feet. (2.44 m)
 - (c) 9 feet. (2.74 m)
 - (d) 10 feet. (3.05 m)

- (iv) Basketball game begins with a _____.
- (a) Jump ball.
 - (b) Kick-off.
 - (c) Let.
 - (d) A bully.
- (v) What is the highest governing body of basketball?
- (a) BCCI
 - (b) ICC.
 - (c) NBA
 - (d) FIBA.

SECTION B

*(Attempt **any two** questions from this Section.)*

Question 14

- (i) Explain the term Free throw in basketball. [2]
- (ii) Explain the term Dunk shot in basketball. [2]
- (iii) How does a team advance with the ball in an attempt to score? [3]
- (iv) List any three equipment needed to play a match. [3]

Question 15

- (i) What do you mean by One hand push pass in basketball? [2]
- (ii) What is Loose ball in basketball? [2]
- (iii) State any three duties of Timekeeper in basketball. [3]
- (iv) Explain three occasions when the ball becomes dead during play. [3]

Question 16

- (i) What do you mean by Triple Threat in basketball? [2]
- (ii) Explain the term Post Player in basketball. [2]
- (iii) What do you mean by Basket Interference in basketball? [3]
- (iv) Explain the skill of Low Dribble in basketball. [3]

VOLLEYBALL

SECTION A

(Attempt *all* questions.)

Question 17

Choose the correct answers to the questions from the given options. (Do not copy the question, Write the correct answer only.)

[5]

(i) How many playing members of each team are on the court?

- (a) 12.
- (b) 10.
- (c) 14.
- (d) 6.

(ii) When was volleyball invented?

- (a) 1780.
- (b) 2004.
- (c) 1895.
- (d) 1904.

(iii) How is the team to serve first chosen?

- (a) Referee's choice.
- (b) A coin toss.
- (c) First team to catch the ball.
- (d) Scorer will decide.

(iv) If you score a point doing a spike, what is it called?

- (a) Push.
- (b) Dig.
- (c) Kill.
- (d) Lunge.

- (v) What is the maximum number of times a team can make contact with the ball?
- (a) 5.
 - (b) 3.
 - (c) 2.
 - (d) 1.

SECTION B

*(Attempt **any two** questions from this Section.)*

Question 18

- (i) What do you mean by Reading an Opponent in volleyball? [2]
- (ii) Name the International and National Governing body of volleyball. [2]
- (iii) Explain how a Set is won by a team. [3]
- (iv) State any three duties of the First Referee during the match. [3]

Question 19

- (i) What do you mean by Misconduct in volleyball? [2]
- (ii) Explain the term Joust in volleyball. [2]
- (iii) What do you mean by Expulsion in volleyball? [3]
- (iv) State any three Service faults in Volleyball. [3]

Question 20

- (i) Explain the term Four Hits. [2]
- (ii) What is Blocking in volleyball? [2]
- (iii) What are the duties of a Captain during a match of volleyball? [3]
- (iv) State any three rules related to a libero player. [3]

BADMINTON

SECTION A

(Attempt *all* questions.)

Question 21

Choose the correct answers to the questions from the given options. (Do not copy the question, Write the correct answer only.)

[5]

- (i) How many feathers does a shuttlecock have?
 - (a) 8.
 - (b) 24.
 - (c) 16.
 - (d) 20.
- (ii) Where did badminton originate?
 - (a) India.
 - (b) U.SA.
 - (c) Australia.
 - (d) Sri Lanka.
- (iii) Which body governs the badminton game internationally?
 - (a) Indian Badminton Federation.
 - (b) Badminton World Federation.
 - (c) ICC.
 - (d) FIFA.
- (iv) In badminton this is the hit that begins each play:
 - (a) Fault.
 - (b) Let.
 - (c) Serve.
 - (d) Set.

(v) What is the length of the badminton court for singles and doubles?

- (a) 6.70 m.
- (b) 5.18 m.
- (c) 18.04 m.
- (d) 13.40 m.

SECTION B

*(Attempt **any two** questions from this Section.)*

Question 22

- (i) When do the players change the court? [2]
- (ii) What is a Deuce in a badminton match? [2]
- (iii) State any three duties of an Umpire in badminton. [3]
- (iv) Explain the term Forehand grip in badminton. [3]

Question 23

- (i) Define the term Side Alley. [2]
- (ii) Explain the term Drive in badminton. [2]
- (iii) Explain the term Overhead Forehand Stroke in badminton. [3]
- (iv) Explain the Half Smash in badminton. [3]

Question 24

- (i) Explain the term Rally in badminton. [2]
- (ii) What do you mean by Net Kill in badminton? [2]
- (iii) Explain any three scoring system in badminton. [3]
- (iv) Mention any three duties of Service Judge in badminton. [3]