

ICSE SEMESTER 1 EXAMINATION
SPECIMEN QUESTION PAPER
HOME SCIENCE

Maximum Marks: 50

Time allowed: One hour (inclusive of reading time)

ALL QUESTIONS ARE COMPULSORY.

The marks intended for questions are given in brackets [].

Select the correct option for each of the following questions.

Question 1

Fill in the blanks with correct option given below:

[5]

(a) The main disadvantage of a _____ kitchen is that it acts as a passageway for family members.

1. Strip
2. Corridor
3. L-shaped
4. Modular

(b) In a _____ budget, income is more than expenditure.

1. Surplus
2. Deficit
3. Balanced
4. Realistic

(c) The first step in budget planning is _____.

1. Balancing expected income and expenditure
2. Estimating the cost of desired items
3. Making a list of desired commodities and services
4. Estimating total expected income

(d) Curtailing present consumption for future consumption is called _____.

1. Budgeting
2. Banking
3. Saving
4. Investing

(e) The thickness of of a fabric depends on _____..

1. thread fabric
2. thread count
3. filament
4. thread fibre

Question 2

Choose the odd one out:

[5]

(a) A child who is being bullied is often

1. happy and playful
2. insecure and unhappy
3. cooperative
4. cheerful and jovial

(b) In terms of work triangle, which type of kitchen is considered the best

1. open kitchen
2. parallel kitchen
3. L shaped kitchen
4. broken U shaped kitchen

(c) Development is _____ and internal.

1. discontinuous
2. continuous
3. interrupted
4. none of the above

- (d) Identify the option that is not a part of the work triangle
1. storage centre
 2. washing centre
 3. cooking centre
 4. serving centre.
- (e) Choose the style of parenting that does not cater to the children's needs
1. Permissive parenting style
 2. Authoritarian parenting style
 3. Authoritative parenting style
 4. Rejecting parenting style.

Question 3

Choose the correct options:

[10]

- (a) Choose the option which is not the principle of interior decoration
1. Beauty
 2. Expressiveness
 3. Functionalism
 4. Durability
- (b) Name the fibre for carpets which is durable and colour fast.
1. Cotton
 2. Wool
 3. Silk
 4. Rayon
- (c) Identify the option where small rooms with low ceilings can appear larger from the following:
1. Plain curtains are used on plain walls
 2. Curtains and Draperies stand out
 3. Large prints are selected for draperies
 4. Patterned curtains are hung on patterned walls

- (d) When planning a household budget, one should ensure that _____ is reserved for luxuries and desired expenses.
1. Saving
 2. Investment
 3. Possible Income
 4. Assured Income
- (e) Identify the best choice of colour used for kitchen ceilings
1. Dark, does not show dirt easily
 2. Black, looks glamorous
 3. Neutral colours like beige and brown
 4. White, counteracts the heat of cooking
- (f) _____ is the first place where children start the process of socialization.
1. community
 2. family
 3. play school
 4. neighbourhood
- (g) The material not used for kitchen counters_-----
1. Marble
 2. Wood
 3. Glass
 4. Granite
- (h) The disadvantage of a modular kitchen is
1. it is expensive
 2. it provides space utilisation
 3. it is easy to assemble modules
 4. it is durable

(i) For households with a low budget for furnishings, _____ is the best choice for floor coverings.

1. cotton rugs
2. Silk carpets
3. Woollen rugs
4. oriental carpets

(j) Factor not affecting meal planning is

1. Nutritional needs of family
2. Variety
3. Satiety value.
4. Inclusion of exotic foods.

Question 4

State whether the given statement is True or False:

[5]

(a) Place of stay is not an important factor affecting family budget planning.

1. True
2. False

(b) Learning disabilities can interfere with skills like time management.

1. True
2. False

(c) Season is not one of the factors affecting meal planning.

1. True
2. False

(d) Growth is related to environment

1. True
2. False

(e) Meals should provide satiety value

1. True
2. False

Question 5

Choose the correct option ;

[5]

(a) A balanced diet _____ the capacity to work.

1. decreases
2. increases
3. neutralises
4. resists

(b) Children's gangs can be identified by

1. names from popular books
2. using secret signals
3. usage of communication codes
4. All of the above

(c) Expand the term 'ADHD'.

1. Auto Deficit hyperactivity Disorder
2. Adeno Deficit Hyperactivity Disorder
3. Attention Deficit Hyperactivity Disorder.
4. Auto Distension Hyperactivity Disorder.

(d) The art and science of implementing principles of nutrition is called

1. Balanced diet
2. Food groups
3. Meal planning
4. Nutritional Planning

(e) _____ is the first step in money management.

1. expenditure
2. budget
3. loan
4. savings

Question 6

Identify the given pictures:

[5]

(a) Identify the given food sources and name the food group in which they are present.



1. pulses and legumes
2. fats and sugars
3. fruits and vegetables
4. milk and meat products.

(b) Identify the type of kitchen from the following:



1. Corridor Kitchen
2. Pull Man Kitchen
3. Island Kitchen
4. U Shaped Kitchen

(c) Identify the type of development



1. social development
2. cognitive development
3. language development
4. physical development

(d) Identify the image and choose a right option given below.



1. Physical development
2. Emotional development
3. Motor development
4. social development

(e) Identify the type of activity promoted by schools in the following picture



1. participating in competition.
2. socialising.
3. involved in community work
4. All of the above.

Question 7

Identify the correct option.

[5]

(a) Mention two examples of the food sources from the food group IV.

1. Meat and Sausages
2. Oils and fats
3. Sugars, sweets and Sugary Drinks
4. Fruits and Vegetables.

(b) The food sources from GROUP V should not be consumed in excess as it

1. makes your body fit
2. leads to weight gain
3. provides good nutrition.
4. changes hormonal balance.

(c) Mention one of the characteristics of food GROUP V

1. Providing vitamins to the body
2. Providing high energy to the body
3. Providing proteins to the body
4. Providing fibre to the body.

(d) Name the sources of food provided from food GROUP I

1. Eggs and Meat
2. Table sugar and honey
3. Green and other Vegetables.
4. Rice and bajra

(e) Mention the function of food GROUP II

1. fats and iron
2. calories and protein
3. phosphorus and fluorine
4. None of the above

Question 8

Select the odd pair.

[5]

(a) 1. sink-washing fruits

2. oven-storing food

3. shelves-cooking food

4. preparation-serving food

(b) 1. Endomorphic –more muscle tissue than fat

2. Ectomorphic- lean ,thin with little body fat

3. mesomorphic-less muscular type

4. endomorphic –thin ,lean body

(c) 1. Left over Food –Throw into dust bin.

2. Attractive meal Preparation- Important to make all family members eat food.

3. Raw food – Should not be eaten in any form.

4. Seasonal foods –very costly.

- (d)
1. Pullman kitchen-work centres on three adjacent walls
 2. Two walled kitchen-work centres on one wall
 3. Lshaped kitchen –no work centres
 4. U shaped kitchen-three work centres on three adjacent walls.
- (e)
1. A child in the family should not be praised at all to make them understand the meaning of good discipline.
 2. Rewards should be given to motivate a child for doing right things.
 3. Children should not be given any responsibility as they cannot handle them at a young age.
 4. Extra curricular activities are not necessary for the children.

Question 9

Fill in the blanks with the correct option

[5]

- (a) The factor affecting family budget is
1. cost of desired items
 2. family life cycle
 3. overall view of their income
 3. accepting deposits from the public
- (b) The knowledge of food group helps to produce_____ meals.
- (i) exotic
 - (ii) tasty
 - (iii) balanced
 - (iv) appealing
- (c) Peer group can influence_____.
1. physical growth
 2. muscle coordination
 3. social and moral values
 4. none of the above

(d) Incentives is a part of_____.

1. assured income
2. possible income
3. savings
4. investment

(e) The dyslexic child has difficulty in _____.

1. reading
2. paying attention
3. calculating
4. speaking