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Time : 1½ Hours**BEAUTY AND WELLNESS (NSQF)****Subject Code**

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Total No. of Questions : 4**(Printed Pages : 7)****Maximum Marks : 40**

- INSTRUCTIONS :**
- (i) Answer each question on fresh page.
 - (ii) Write the question no. and sub-question number clearly.
 - (iii) All questions are compulsory.
 - (iv) Figures to the right indicate full marks.
1. (A) Select and write the most appropriate given below each statement and rewrite complete statement : $\frac{1}{2} \times 6 = 3$
- (1) The receiver conveys their understanding to the message to the sender in the form of _____ to complete the communication cycle.
- Channel
 - Silence
 - Idea
 - Feedback
- (2) Respecting each others difference is the way to overcome _____ barrier.
- Non-verbal
 - Communication
 - Written
 - Visual

- (3) An entrepreneur is a _____ of growing society.
- Builder
 - Destroyer
 - Citizen
 - None of the above
- (4) Entrepreneurship is the type of _____ where one is running a business to satisfy the needs of people.
- Wage Employment
 - Self Employment
 - Employee
 - Product Sale
- (5) An environment friendly way for production of power is using _____ which is unlimited.
- Non-renewable energy
 - Solar energy
 - Electrical energy
 - Inexhaustible energy
- (6) The _____ is the development that satisfy the needs of the present without compromising the capacity of future generation.
- Sustainable Development
 - Exhaustible
 - Non-Renewable Energy
 - Renewable energy

(B) Answer the following questions : 2×2=4

(a) List the steps to build self-motivation.

(b) How can you increase the performance of a computer ?

(C) Answer the following questions in *one* line each : 1×3=3

(i) Name the 7 C's of effective communication.

(ii) Write *two* functions of an entrepreneur.

(iii) What is organic farming ?

2. (A) (1) Compare the co-ordination in first pair and complete the second pair :

1

(i) Epidermis : Outermost layer :: Hypodermis : _____.

(ii) Oily T-zone and dry cheeks : Combination skin :: Pimples and blackheads : _____.

(2) Give single term for the following definition : 1

(i) The type of skin which is allergic to cold, wind, heat and rain due to its broken capillaries and results in rashes or irritation.

(ii) The layer that lies below the dermis which consist of fat cells, nerves and blood vessels.

(3) Match the following items in column A with correct items in column B and write the correct pair : 1

Column 'A'

Column 'B'

(i) Peel-off mask

(a) Toner

(ii) Refresh and cool the skin

(b) Moisturizer

(c) Mature and dry skin

(d) Oily skin.

(B) Answer the following questions : 2×2 = 4

(a) How do you identify dry skin ?

(b) What after care advice you will provide to the client after waxing ?

(C) Answer the following questions in *one* line each : 1×3=3

(i) Name the different types of the skin.

(ii) Name *five* functions of the skin.

(iii) What are the available options to get rid of unwanted body hair ?

3. (A) Select and write the most appropriate alternative given below each statement and rewrite the complete statement : $\frac{1}{2} \times 6 = 3$

(1) The centre part of the _____ is called as medulla.

- Hair root
- Hair follicle
- Hair bulb
- Hair shaft

(2) Hair present on the _____ prevent any dust particle entering the eye.

- Eyelashes
- Scalp hair
- Body hair
- Underarm or public hair

- (3) During the _____ phase, the hair follicle is active and the hair is growing continuously.
- Telogen
 - Catagen
 - Anagen
 - Medulla
- (4) Skin sensitivity test must be conducted _____ before the waxing.
- 24 Hours
 - 48 Hours
 - 72 Hours
 - 12 Hours
- (5) The shade of _____ should be selected by trying on the inside of the wrist or on the jawline.
- Eyeliner
 - Lipstick
 - Foundation
 - Maskara
- (6) An _____ is used to define the eyes and accentuate the lashes.
- Eyeliner
 - Concealer
 - Eyeshadow
 - Kajal

(B) Answer the following questions : 2×2 = 4

- (i) Write the benefits of loose translucent powder.
- (ii) What are the guidelines to avoid product getting infected ?

(C) Answer the following in *one* line each : 1×3=3

- (i) How do you prepare client for threading ?
- (ii) Write the advantages of bleaching.
- (iii) Write the various types of foundation.

4. (A) (1) Write whether the statement is true or false : 1

- (i) Concealers are used to improve or correct the imperfection of the skin.
- (ii) The first step in cleaning the blush is to use the hot soapy water.

(2) Give single term for the following definition : 1

- (i) The way one takes care of oneself to enhance ones physical appearance.
- (ii) Wash hands every time before starting a procedure and after completing it.

(3) Match the following items in Column A with correct items in Column B and write the correct pair : 1

Column A

Column B

- | | |
|-------------------|---|
| (i) Communication | (a) Brush ones teeth at least
twice a day |
| (ii) Oral care | (b) Use of inappropriate language
(c) Chewing tobacco
(d) Good listening skills and
exchange of ideas. |

(B) Answer the following : 2×2=4

(a) What are the contra-indications or allergy after makeup ?

(b) How can you provide carrying environment for the client ?

(C) Answer the following in *one* line each : 1×3=3

(i) List commonly used methods to remove makeup.

(ii) What are the habits you should avoid for a healthy life ?

(iii) Write the *three* ways to overcome telephonic difficulty.