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Time : 3 Hours

PSYCHOLOGY

Subject Code

H	4	7	5	2
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Total No. of Questions : 32 (Printed Pages : 6)

Maximum Marks : 80

- INSTRUCTIONS :**
- (i) The question paper consists of 32 questions.
 - (ii) Figures to the right indicate full marks.
 - (iii) Answer each part on a new page.
 - (iv) All questions are compulsory. Internal choice is clearly indicated.
 - (v) **Part-A** questions 1-4 are MCQ type questions and questions **5-8** should be answered in one sentence. **Part-B** questions should be answered in about **30** words each. **Part-C** questions should be answered in about **60** words each and **Part-D** questions should be answered in about **100** words each.

Part A

1. Neha an Indian, views intelligence from a holistic perspective where equal attention is paid to cognitive and non-cognitive processes. The term she refers to is 1
 - Technological intelligence
 - Integral intelligence
 - Emotional intelligence
 - Intelligence quotient

2. Rita says that her teacher usually chooses her to participate in extra-curricular activities. This is an indication of Rita's 1
- Self-efficacy
 - Self-concept
 - Self-esteem
 - Self-regulation
3. The level of stress which helps an individual to achieve peak performance and manage minor crisis is 1
- Eustress
 - Distress
 - Strain
 - Stressors
4. Ranvik suffers from a disorder called Schizophrenia. His psychologist claimed that one cause of the disorder could be excess activity of the neurotransmitter 1
- Serotonin
 - GABA
 - PTSD
 - Dopamine

5. State the type of therapy used in Rehabilitation to train patients in skills such as candle making, paper bag making, etc. 1
6. The interviewer selected Raju on the basis of the first impression he created without considering any other information. Identify the effect in impression formation which made the interviewer select him. 1
7. Nafisa provides help to her friend Sheetal in need as Sheetal had helped her in the past. Identify the determinant of cooperation shown by Nafisa. 1
8. State the instrumental perspective as a view that describes the human-environment relationship. 1

Part B

9. Draw a neat labelled diagram of the Normal Distribution Curve showing percentagewise distribution. 2
10. Describe the limitations of Behavioral Ratings. 2
11. Explain 'Life Events' as a Source of Stress. 2
12. State the *four* symptoms an individual needs to be alert to, to prevent a Suicide. 2
13. Draw a neat labelled diagram of the Basic Communication Process. 2

14. Explain the *two* paradigms in the Stroop Effect experiment. 2
15. Explain the *two* features of Secondary Groups. 2
16. State *two* actions an individual can take to protect the environment from pollution. 2

Part C

17. Describe Verbal, Non-verbal and Performance tests as types of Intelligence tests. 3
18. Discuss the Levels of Consciousness according to Freud. 3
19. Describe Creative Visualisation as a Stress Management Technique. 3
20. When Shruti became a victim of physical abuse, she suffered from loss of memory and even travelled by train not knowing where she was heading to. Examine the *three* features of the disorder she is suffering from. 3
21. Describe *three* types of questions asked during an Interview. 3
22. Describe *three* characteristics of Prosocial Behavior. 3
23. Discuss *three* reasons which make people want to join groups. 3
24. Explain the Immediate Reaction as a feature of Post-traumatic Stress Disorder. 3

Part D

25. Explain Aptitude and Interest as domains of Psychological Attributes. 4
26. Analyse Thematic Apperception Test (TAT) as a Projective Technique. 4

Or

- Analyse the Phallic Stage of Personality Development. 4
27. Analyse Assertiveness and Improving Relationships as life skills that will help an individual to meet the challenges of life. 4
28. Nelly is not able to control her thoughts before acting. She also finds it difficult to sustain her mental effort during work or play. She was diagnosed with ADHD. Examine the *two* features of ADHD observed in Nelly. 4
29. Tuhin who was suffering from a mental disorder was prescribed medications after diagnosis. Examine Bio-medical Therapy as a form of treatment. 4
30. Analyse the following processes of Attitude Formation : 4
- (a) Learning Attitudes by Association
- (b) Learning Attitudes by being Rewarded and Punished.
31. Analyse the following Conflict Resolution Strategies : 4
- (a) Structural solutions
- (b) Respect for other group's norms.

32. Jack an employee of a company is working from home. There is construction work going on around his house that creates a lot of disturbance. Examine the Effect of Noise on Jack's performance. 4

Or

When the teacher observed some symptoms of aggression and violence in the class, she suggested some strategies to the students and their parents to help reduce it. Examine *four* Strategies to reduce Aggression and Violence. 4