

2022 XI 19

0230

Seat No.

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Time : 1½ Hours

FIRST-TERM

PSYCHOLOGY

Subject Code

H	4	7	5	2
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Total No. of Questions : 40 (Printed Pages : 16)

Maximum Marks : 40

- INSTRUCTIONS :**
- (i) Every question has *four* choices (A), (B), (C) and (D) and only one of them is the correct answer.
 - (ii) On the OMR sheet darken completely with a ball point pen ONLY ONE bubble you consider as the most appropriate answer.
 - (iii) Multiple markings are invalid.
 - (iv) Use Blue or black ball point pen only.
 - (v) Do not fold the OMR sheet or use white ink.
 - (vi) For each question, you will be awarded ONE mark, if you have darkened only the bubble corresponding to the correct answer. In all other cases, you will get zero mark. **There is no negative mark.**
 - (vii) Once the bubble is filled it is not possible to change the answer.
 - (viii) Only one OMR sheet will be provided. Hence sufficient care must be taken while darkening the bubble.

1. Tara has been diagnosed with an intellectual deficiency. Although she lags behind her peers in language skills, she can be trained to take care of herself.

Her level of retardation is

- (A) Mild
 - (B) Moderate
 - (C) Severe
 - (D) Profound
2. Marko started composing music at the age of 10. Her parents had noticed her outstanding characteristics like preference for novelty and a larger attention span right from the time she was a toddler.

Marko is

- (A) Clever
 - (B) Gifted
 - (C) Intelligent
 - (D) Smart
3. Zara takes a test where she is told that the question has only one correct answer.

The type of test Zara has taken is

- (A) Creativity test
- (B) Non-verbal test
- (C) Thematic Apperception test
- (D) Intelligence test

4. Tanya takes a personality test. She is asked to provide factual information about herself and her opinions.

The assessment method used here is

- (A) Psychological test
 - (B) Observation
 - (C) Interview
 - (D) Self-report
5. Santosh is a well-mannered man. Everyone in the colony noticed that he is polite, kind and honest.

The fact of intelligence that Santosh is high on is

- (A) Cognitive capacity
 - (B) Social competence
 - (C) Emotional competence
 - (D) Entrepreneurial competence
6. Rahul has just answered his board exam. He takes a test to find out the areas that he has a potential in, and so will do well if he takes a course related to it. He is trying to find out his

- (A) Interest
- (B) Intelligence
- (C) Aptitude
- (D) Values

7. An in-depth study of the individual in terms of his psychological attributes, psychological history in the context of his psychosocial environment is called
- (A) Self-report
 - (B) Case study
 - (C) Observation
 - (D) Interview
8. Sara and Tara are identical twins who have been reared together. Their intelligence correlation is about
- (A) 0.60
 - (B) 0.72
 - (C) 0.50
 - (D) 0.90
9. 50-year old Pawan has a MA of a 25-year old. His IQ is
- (A) 50
 - (B) 25
 - (C) 30
 - (D) 80

10. In the structure of intellect model, the nature of material on which intellectual operations are performed is a dimension of
- (A) Operation
 - (B) Content
 - (C) Product
 - (D) Observation
11. Trisha takes a personality test. The psychologist shows her pictures and asks her to tell a story on the basis of what she sees.
- The test used by the psychologist is
- (A) Rorschach Inkblot test
 - (B) MMPI
 - (C) Sentence completion test
 - (D) Thematic Apperception test
12. Lionel Messi is Glen's favourite football player. He likes Messi so much that he believes that he has only positive traits and refuses to believe that he could have any traits that are less than excellent.
- This is an example of
- (A) Nomination
 - (B) Middle category bias
 - (C) Extreme category bias
 - (D) Halo effect

13. Islam, a 4-year old is very possessive of his mother and tells the father not to touch her.

This is an example of

- (A) Electra complex
- (B) Inferiority complex
- (C) Oedipus complex
- (D) Superiority complex

14. Amarjeet strongly dislikes his boss but is worried about the backlash of expressing that dislike. Hence he tries to be very nice and courteous to his boss.

The defense mechanism is

- (A) Rationalisation
- (B) Projection
- (C) Reaction formation
- (D) Repression

15. Neelam, an alcoholic for years decided to stop drinking as her family was falling apart. She stopped drinking the moment she decided to do so.

Neelam is high in

- (A) Self-esteem
- (B) Self-concept
- (C) Self-efficacy
- (D) Personal identity

16. The psychologist who emphasised on the concept of identity crises of adolescence is
- (A) Alfred Adler
 - (B) Sigmund Freud
 - (C) Charles Spearman
 - (D) Eric Erickson
17. Abraham Lincoln's name is associated with honesty.
- This is an example of
- (A) Cardinal traits
 - (B) Central traits
 - (C) Secondary traits
 - (D) Positive traits
18. The self-report measure which helps to diagnose psychopathology is
- (A) 16PF
 - (B) MMPI
 - (C) TAT
 - (D) Behavioural techniques

19. 8-year old Seema has suddenly started bed-wetting after the birth of her baby sister.

This is an example of

- (A) Regression
- (B) Repression
- (C) Rationalisation
- (D) Fixation

20. According to the psychodynamic approach, the moral branch of mental functioning is

- (A) Id
- (B) Ego
- (C) Superego
- (D) Libido

21. 7-year old Disha is extremely anxious about a poetry competition in school. She keeps practicing at home in front of the mirror. On the day of the competition, she gives an excellent performance.

This type of stress is called

- (A) Distress
- (B) Eustress
- (C) Strain
- (D) Coping

22. Seema lost her husband in a tragic accident. Her friends have been by her side ever since, trying to comfort her and help her cope.

This type of support is called

- (A) Tangible support
- (B) Informational support
- (C) Emotional support
- (D) Positive attitude

23. Precia has been very stressed as her child is unwell. Due to constant stress, she is worried that her blood pressure may rise too. Her friend advises her to relax and try deep breathing with muscle relaxation which would help her to calm her mind.

The stress management technique that her friend is talking about is

- (A) Exercise
- (B) Creative visualisation
- (C) Meditation procedures
- (D) Relaxation techniques

24. Cindy has just had twins. As the babies cry at night she is not able to get enough sleep.

The type of stress she is facing is called

- (A) Physical stress
- (B) Environmental stress
- (C) Psychological stress
- (D) Social stress

25. Kabir just lost his job as the company shut down. He is seeking a new job now. Instead of being upset about it, he looks at it as a chance to try a new career option.

This is an example of

- (A) Hardiness
- (B) Assertiveness
- (C) Self-care
- (D) Perfectionism

26. Naziya is afraid of public speaking. She is absent on the day she has to give a speech in class.

This strategy of coping with stress is called

- (A) Task oriented strategy
- (B) Emotion oriented strategy
- (C) Avoidance oriented strategy
- (D) Problem focussed.

27. Nathan has been eating a lot of junk food. He says that his late night shifts at work have been causing him stress and the junk food helps him keep awake.

This effect of stress is

- (A) Emotional
- (B) Physiological
- (C) Cognitive
- (D) Behavioural

28. Harleen always complains about not having enough time to do the things she loves.

The life skill that Harleen lacks is

- (A) Rational thinking
- (B) Time management
- (C) Self-care
- (D) Assertiveness

29. Personal stresses we endure due to the happenings in our daily lives is called

- (A) Hassles
- (B) Life-events
- (C) Traumatic events
- (D) Social pressures

30. Tina is trying to finish her presentation for the next day's office meeting. Her daughter keeps disturbing her. Tina is stressed as she may not finish the presentation on time.

This type of psychological stress is called

- (A) Conflict
- (B) Frustration
- (C) Internal pressure
- (D) External pressure

31. Schizophrenia has been linked to the excess activity of
- (A) GABA
 - (B) Dopamine
 - (C) Serotonin
 - (D) Glutamate
32. Ali had been in a terrible accident. All the others in the car with him died on the spot. Although this accident happened a year ago, he still has terrifying dreams and flashbacks about the accident.
- He is suffering from
- (A) Panic disorder
 - (B) Anxiety disorder
 - (C) Generalised anxiety disorder
 - (D) Post-traumatic stress disorder
33. Noella checks multiple times if she has locked the main door of her house before leaving. Sometimes she drives 100 meters but still feels anxious about not locking the doors properly and she goes back to check. Noella suffers from
- (A) Generalised anxiety disorder
 - (B) Post-traumatic stress disorder
 - (C) Phobias
 - (D) Obsessive-compulsive disorder

34. Ashok notices that his friend behaves in a totally different manner at different times. Sometimes he is very talkative and happy and at times he is very violent and abusive. There are times where he has seen him very scared too.

Ashok's friend could be suffering from

- (A) Dissociative fugue
- (B) Dissociative Amnesia
- (C) Dissociative Identity
- (D) Conversion

35. Ever since Ram has lost his brother, he has been finding it difficult to cope. He finds himself tired all the time and is unable to think clearly.

He has thoughts about his own death too. He suffers from

- (A) Depression
- (B) Mania
- (C) Bi-polar mood disorder
- (D) Hypochondriasis

36. Santosh feels that he can hear people talking to him even though there is no one around. He is experiencing :

- (A) Tactile hallucination
- (B) Somatic hallucination
- (C) Auditory hallucination
- (D) Visual hallucination

37. Afreen, a primary teacher notices that a student from her class finds it difficult to sit in one place. The student fridgets and runs aimlessly around the class. The student suffers from
- (A) ADHD
 - (B) Autism
 - (C) Mania
 - (D) Schizophrenia
38. The French model, Isabelle Caro, reported that she had struggled with her eating habits. She would often not eat in a pursuit to have the perfect figure. She suffered from
- (A) Binge eating
 - (B) Mania
 - (C) Bulimia nervosa
 - (D) Anorexia nervosa
39. Zain believed that he had special powers because of which he could cure all diseases. Zain suffers from
- (A) Delusion of control
 - (B) Delusion of persecution
 - (C) Delusion of Grandeur
 - (D) Delusion of Reference

40. The physical symptoms that occur when a person stops the use of a psychoactive substance is called

- (A) Tolerance
- (B) Withdrawal
- (C) Substance abuse
- (D) Compulsive drug taking

