

**(E) MANIPURI DANCE (CODE No. 060)**

**CLASS–XII(2022-23)**

**Total Marks: 100**

**Marks:30**

**Theory**

**Time-2 Hours**

**30 Periods**

1. Acquaintance with life history of chief exponents past and present of the dance form.
2. Acquaintance with the contents of AbhinayaDarpana.
3. Knowledge of the following terms:
  - (a) Nritta, Nritya and Natya. Tandava, Lasya, Loka Dharmi, NatyaDharmi.
  - (b) Abhinaya: Angika, Vachika, Aharya and Satvika.
  - (c) Sangeet: TalaLaya.
  - (d) Rasa: Sthayi Bhava, Sanchari Bhava.
4. Knowledge of technical terms of the style:
  - (a) Chali, Bhangi, Longlei, Uplei
  - (b) Different kinds of Choloms: Kartal Cholom, Khubak Isei Cholom, Pung Cholom.
  - (c) Sankirtan. Different Talas, Rajmel, Menkup, Tanchap.
  - (d) Different kinds of Raas.
5. Acquaintance with the traditional costumes, make up for the dance style offered.
  - (a) Potloi and its different components for Radha and Gopis
  - (b) Krishna's costume.
  - (c) Typical traditional make up for Manipuri classical dances with emphasis on Vaishnava Tilak.

## **CLASS–XII**

### **Practical**

**Marks:70**

**100 Periods**

1. Basic stance and movements of both Pung and Kartal Choloms (whichever is applicable). Practical demonstration of Choloms in Rajmel, Menkup and Tanchap.
2. Bhangi Pareng Achouba and Goshtha Bhangi Pareng. Punglon Jagoi and Isei Jagoi.
3. Khurumba Bhangi Pareng, Krishna Abhisar, Radha Abhisar Krishna Nartan, Radha Nartan, Advanced Cholom in Char Tal .

### **Knowledge of the background of the following:**

- a) Nata Sankirtan and Ariba Pala. Lai Haraoba, Maharaas, Vasant Raas, Kunja Raas, Nitya Raas and Diva Raas, Goshtha Leela, UdukhalLeela.
- b) Biographies of great Jagoi Gurus: Guru Amubi Singh, Guru Atomba Singh and Guru Amudon Sharma.
- c) Stories of Nongpok Ningthou and Panthoibi, Khamba and Thoibi.